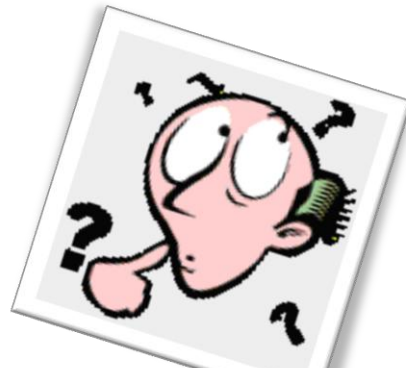


NOVEMBER 2013

TRAINER'S BOX

NEWSLETTER



**DON'T MISS OUT ON NEW
EXCITING & USEFUL
ARTICLES**

TRAINERS MIND POWER:

- [How Self Awareness Affects your Charisma](#)
- [Tips to Remember What You Read](#)
- [What is NLP?](#)
- [Words that make your Brain Happy!](#)
- [Why and How does Laughter come about](#)
- [Sleep, Learning & Memory!](#)
- [Beat Stress using NLP Techniques](#)

EASY EXECISE FOR TRAINERS:

- [Is laughter your best workout?](#)

COLOR THERAPY FOR TRAINERS:

- [How color therapy increases the immunity of the body](#)
- [What is color breathing?](#)



Ten New Amusing Games Waiting...

A brand new collection to add to the energy in your training room is ready. The new games cover work on developing team building, leadership, dealing with change, conflict management, creative thinking, problem solving and negation skills. You'll love them!

- | | |
|--|---|
| <input checked="" type="checkbox"/> Guess what? | <input checked="" type="checkbox"/> Invasion |
| <input checked="" type="checkbox"/> Ping Pong | <input checked="" type="checkbox"/> Wise & Wiser |
| <input checked="" type="checkbox"/> Utopia | <input checked="" type="checkbox"/> Follow me |
| <input checked="" type="checkbox"/> Follow Me | <input checked="" type="checkbox"/> Action Auction |
| <input checked="" type="checkbox"/> Jigsaw Puzzle | <input checked="" type="checkbox"/> Wishbone |

To view the entire collection, click this link: <http://www.trainersbox.net/games.html>

Remember to type the coupon to get offer (valid till November 8th): **GLIOCT13**

BUY 2 GAMES GET 1 FREE

! Alert: Mentor Training 25% off promotion exclusive for LinkedIn connections shall expire 5th November 2013 so hurry and buy your presentation bundle using this coupon: **S003LISEP13**

Follow us on Twitter to get updated with vacancies, videos and amazing articles.
Like us on Facebook and get all the funny stuff, cartoons and more!