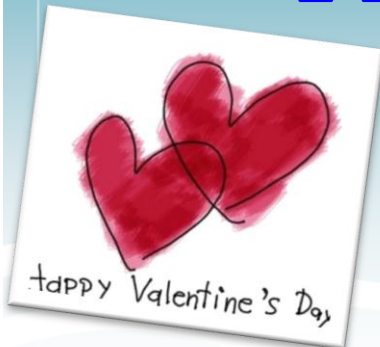


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TRAINER'S BOX

NEWSLETTER



All our new ARTICLES on:

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We are delighted to welcome our new contributor, ANDREW SERCOMBE, a superb coach and counselor!



These are his articles on TRAINER'S BOX [Mind Power Pages](#) last January:

[Andrew on: Self Control & Priorities](#)

[Andrew on: Secrets of Successful Coaching](#)

[Andrew on: moving out of the Quit Zone](#)

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