

D E C E M B E R 2 0 1 3

# Trainer's Box

**AN OPPORTUNITY TO CATCH UP ON ALL OUR NEW TRAINING PRODUCTS AND ARTICLES**

Don't miss our all-new collection of  
ICEBREAKERS!



**Are you ready to kick-off with some ACTION? You are one click away from boosting your training performance: Your trainees will love it!**

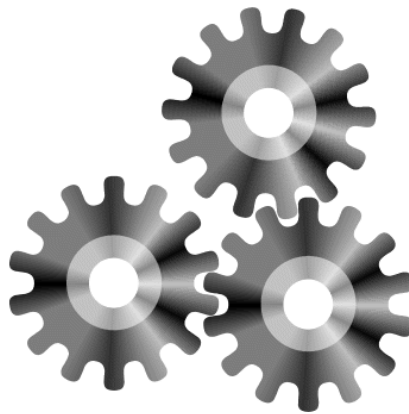


## Our New Articles

- [What is an Anchor in NLP](#)
- [The Science Behind Flower Power](#)
- [Laughter Therapy and how it protects the Mind](#)
- [Collapsing Negative Anchors Using NLP](#)
- [The Gratitude Inventory Exercise](#)
- [Signs of Sleep Deprivation](#)
- [Top 10 Ways to say Thank You in an email](#)
- [Crystal Therapy](#)
- [The Stages of Sleep](#)
- [How Much Sleep do we Ideally Need](#)
- [Understanding your Sleep Cycles](#)
- [Aromatherapy for Winter Blues](#)
- [Immunity Soup Recipes](#)
- [Colors Trending on Fashion for men & women](#)
- [Training Background Music](#)
- [Self Acupressure to Keep you Awake at Work](#)
- [Time Wasters](#)

## TRAINERS MANAGEMENT PACKETS

**IN STORE: Easy-to-follow, time-saving,** ready-made processes and templates to manage your training events have a long-lasting **professional** impression on your trainees from marketing to certification. Come and get them!



- [Registration Process](#)
- [Advertising Process](#)
- [Database Building Process](#)
- [Training Preparation Process](#)
- [Execution Process](#)
- [Evaluation Process](#)
- [Certification Process](#)

## CHECK ALL OUR USEFULL NEW TRAINING TEMPLATE

- [Flyer 1 Template](#)
- [Application Form](#)
- [Applicants Directory](#)
- [Client Fact Sheet](#)
- [Mentoring Contract](#)
- [Client Database](#)
- [Attendance Sheet](#)
- [Customer Satisfaction Sheet](#)
- [Performance Assessment Table](#)
- [Certificate Template](#)