

## My Name is...

### Icebreaker

**Objective:** An icebreaker to encourage training participants to remember each other's names.

**Time:** 10 – 15 minutes

**Demonstration:**

1. Explain to the participants that the whole group is going to an imaginary camp. Each person is asked to say his name associating it with something s/he will bring along or do in the camp that rhymes with their name; for example (you don't need to get too serious --a funny phrase is just fine) :

"My name is Sue and I'll guide the crew"

"My name is Jones and I'll answer phones"

"My name is Nick and I'll find a stick"

"My name is Nelly and I'll get some jelly"

2. The Participants may also make a simple drawing of what they'll do in the camp and paper-tape it to their shirts, putting aside the name tags for the first day until most of the names are being remembered.

**Material Required:** Name tags and paper tape for each participant.



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